



EMERGENCY SUPPLY LIST



FOOD AND WATER

- 1 gallon of water per person per day(3 day min)
- Tuna fish
- Peanut butter
- crackers
- granola bars
- dried fruit
- powdered or boxed milk
- snack food(cookies, candy)
- Coffee, tea, cocoa
- _____
- _____

CLOTHES

- Extra set of comfortable clothes specific for season
 - o Pants
 - o Shirt
 - o Hat
 - o Underwear
 - o Socks
 - o jacket
- Sturdy shoes
- _____
- _____
- _____

HYGIENE AND FIRST AID

- Medications
- Hearing aids and batteries
- Body wipes/hand sanitizer
- Shampoo/comb/brush
- Deodorant
- Lip balm
- Toilet Paper or facial tissue
- Incontinence products
- Lotion
- Tooth brush and paste
- _____
- _____

TOOLS AND SUPPLIES

- Flashlight and batteries(or crank)
- Radio(crank or battery) am/fm
- whistle
- Rain poncho
- N95 mask
- Emergency blanket
- Disposable plates, cups, utensils
- Ziplock bags(gallon size)
- Trash bags
- _____
- _____
- _____

MISC

- File of life
- Money(small bills and coins)
- Spare glasses
- Deck of cards, game, book
- Paper/pen/sharpie
- Cell phone and charger
- _____
- _____
- _____
- _____
- _____

PETS

- Carrier/kennel
- Harness/leash
- Vaccination records
- Medications
- Food
- Water
- Photo of you and your pet
- Favorite toy, blanket
- Article of your clothing
- _____
- _____
- _____