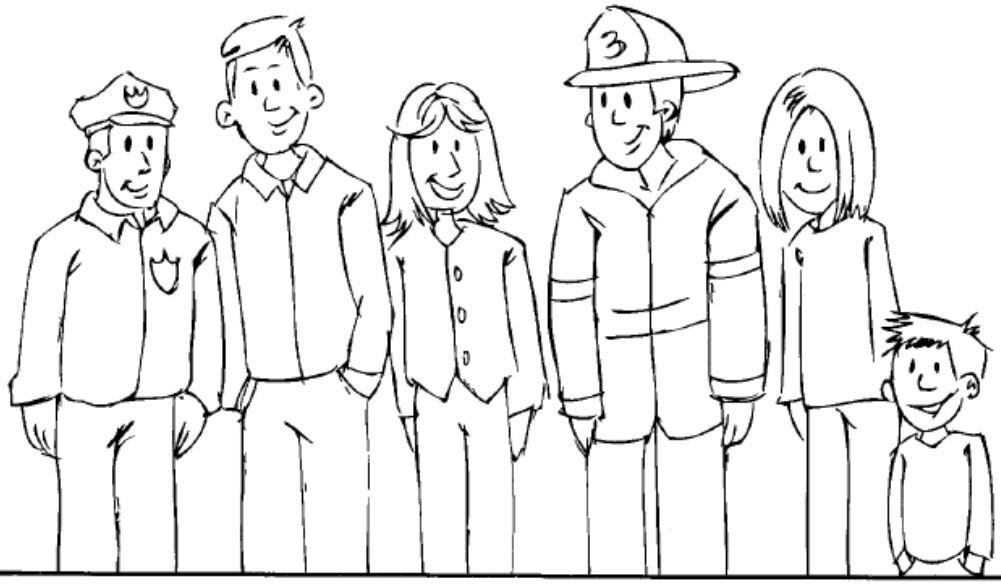Trusted adults may be other family members, family friends, police officers, or firefighters.