

Visit the Plymouth Fire and Police Departments at www.ci.plymouth.mn.us for more family programming.

File-of-Life Program

PLYMOUTH
MINNESOTA



FIRE-RESCUE

“When responding to a medical emergency, time and information are critical. The File of Life program makes medical information instantly available to emergency responders and saves valuable time.” said Lt. Dan Plekkenpol, Plymouth Police Crime Prevention Unit.

The **File-of-Life** Program is a life-saving, medical alert program that provides emergency responders with accurate medical information instantly.

The File of Life Program has three parts:

1. The Fire-of-Life Medical Information Card.

The **File-of-Life** Program provides medical cards for each family member. Families complete these cards listing medications taken, allergies, medical conditions, blood types, recent surgeries, emergency contact info, physician’s name and other important information about medical insurance, living will, do not resuscitate directives, etc.

2. A red, magnetized folder that is embossed with the words “File of Life” is used to store medical information.

The File of Life Program provides emergency responders with life-saving, accurate medical information.



Completed medical information cards for each family member are placed in the **File-of-Life** folder, and the folder is attached to the refrigerator.

3. A red File-of-Life sticker is placed on the family’s front door

This sticker alerts emergency responders that medical information is immediately available and is attached to the refrigerator.

If a victim is transported to a hospital, the **File-of-Life** folder will be sent along with them and given to the emergency room staff.

What is the Cost of the File-of-Life Program?

The **File-of-Life** Program is free of charge. Participants will receive a file, medical information cards, and a sticker for their front door. One file should be kept per household.

For more information on the File-of Life Program please call the Plymouth Police Department at 763-509-5147.

You can also stop by the Police Department at 3400 Plymouth Boulevard, Monday through Friday 8:00a.m.-4:30 p.m. to pick up a File.

For more information on crime prevention and fire and life

safety programming, please call 763-509-5198.

- Neighborhood Watch Program
- Operation Identification
- Plymouth Police Citizen’s Academy
- \$10/\$13 Auto Theft Prevention Devices, “the Club”
- File-of-Life Medical Alert Program
- Home Crime Prevention/Premise Surveys
- E-mail Alert Network
- \$10 Bike Helmet/\$15 Multi Sport Program
- Low Cost Car Seat Program
- Car Seat Check Up Program
- Smokebusters Home Fire Safety Visits
- Smokebusters Home Fire Safety Visits for Seniors
- The Adopt-a-Fire Hydrant Program
- National Night Out, First Tuesday in August
- Fire Department’s Annual October Open House