



2019 Lite Group Schedule Two - May 29 through July 10

9:00 am start times

- May 29 9:00 Fish Lake, Rice Lake Loop Leader: Deb Grill**
Meet in the parking lot at Fish Lake Regional Park, 14900 Bass Lake Road. We will ride up the east sides of both Fish & Rice Lake. Then continuing the loop anticlockwise back down west of the lakes and including a long downhill joy ride re-entering the park. Paved with a few moderate hills. Length: 13.5 miles. - Directions: Fish Lake Regional Park Road is 1.4 miles west of I-494 on County Rd 10 (Bass Lake Rd.) The Park is on the north side of Bass Lake Rd and parking is .6 miles from the park entrance. ([Start Location](#))
- June 5 9:00 Southwest LRT to Mitchell Lake Leader: Arne Nelson**
Meet at the parking lot of Cross of Glory Church in Hopkins. 4600 Shady Oak Road. We'll ride on the SW LRT to Mitchell Lake, and return. The destination is a big park with a coffee shop nearby Trail: Limestone rail bed, about 15 miles. From east of Hopkins (Hwy 169) approach on Excelsior Blvd (westbound) to Shady Oak Rd (southbound). OR From west of Hopkins (I-494) approach on Hwy 7 to Shady Oak Rd (southbound). The entrance to the parking lot is on the west side of Shady Oak just south of Excelsior Blvd. Park away from the church -- to the south. ([Start Location](#))
- June 12 9:00 Wirth-Victory Pkwy's/N Miss Park Leader: Stan Schwantes**
Meet at the parking lot in the Lakeview Terrace Park in Robbinsdale. We will travel via Wirth, Victory Memorial, and Webber Pkwy's. to Webber Park and then by W. River trail to N. Miss. Park; then return via 47th Ave., Shingle Creek and the Pkwy's. Trail: Paved, about 12 miles. Directions: From Hwy 100 go east on 36th Ave N to Bottineau Blvd. Cross Bottineau Blvd, parking will be on left in Lakeview Terrace Park. ([Start Location](#))
- June 19 9:00 Lunds in Hopkins, LRT to Excelsior Leader: Joye Sigelman**
Meet at Lund's on Hwy 7 on the Hopkins/Minnetonka border. 11400 Highway 7 Minnetonka, MN. We will follow the Lake Minnetonka Regional Trail to Excelsior for a coffee break. Return on the same trail. Trail: Level rail bed, limestone, 17 miles. Directions: The Village Shopping Center is located in the northwest quadrant of the intersection of Cty. Rd. 73 (Hopkins Crossroad) and MN7. Park along the south side of the lot, away from the stores. ([Start Location](#))
- June 26 9:00 Minneapolis Lakes from Whole Foods Leader: Stan Schwantes**
Meet in the Whole Foods parking lot (park away from the store). Address is 3060 Excelsior Blvd. We'll take the Greenway from the rear of the store a short distance to Lake of the Isles. From there we go around that lake, Lake Calhoun, and (optionally) Lake Harriet, returning via the Greenway. Watch for the guy walking a dozen or more dogs in a group. Distance: 12 to 15 miles, paved and mostly level. Directions: Whole Foods is a block west of where Excelsior Blvd joins MN Hwy 7. ([Start Location](#))
- July 3 9:00 Dakota Rail Trail Mound to St. Boni/Mayer Leader: Linda Platt**
Meet in the parking lot south of the Mound Transit Center, 5515 Shoreline Dr. The ride will go west on the Dakota Rail Regional trail to St. Boni, 10 miles round trip or Mayer, 25 miles round trip. After a coffee stop we'll return to Mound on the same trail. Easy and flat paved trail. To get to the parking area south of the Transit Center take County Rd 15 to Commerce Blvd turn left and left again at Shoreline Drive. Parking area is 8.8 miles from the Co 15 exit on Hwy 12 in Wayzata. ([Start Location](#))
- July 10 9:00 Excelsior to Victoria Leader: Stan Schwantes**
Meet at the parking lot in downtown Excelsior. About a block east of the intersection of Water Street and George Street.. We will ride from Excelsior along the Lake Minnetonka Regional Trail to the entrance of the Three Rivers Park - Carver Park Reserve and on to Victoria for a coffee stop. Trail: Level limestone rail bed, about 12 miles. (Those who wish can ride with the Regulars into the park. Trail in Park: Blacktop bike trails with some moderate hills, additional 10 miles - total 22 miles.) CDirections: Take MN-7 west to County 19 (Oak St.) in Excelsior. Go one block then turn right onto Water St.; go one block then turn right on George Street (just beyond Wells Fargo); follow street with curve left to parking (about 500 feet). ([Start Location](#))